



Rook's Nest Academy Homework

Class 3M

Week beginning: 22/6/2020

For literacy and maths your work will be based on that provided by: <https://www.thenational.academy/online-classroom>

When you click on this link you should see the word 'Schedule' (in a green bubble) at the top right hand side of the page.

Click 'Year 3', then 'Week 8'. Start with 'Monday', even if you are beginning this series of lessons on a different day. It is important that you do them in the order of the days of the week.

You will see that the work for English (literacy) this week is all about **writing a non-chronological report**, which is a set of factual paragraphs about a particular subject or place. We have looked at these before, when we wrote reports about Remembrance Sunday, France, and Norway.

The maths lessons this week are continuing to be based on **mass – including solving problems – capacity and volume**.

On the timetable below you can click the link for each day, and it will take you to the correct lesson.

I understand that some of you will find the work quite easy and some of you might need lots of help. All I want you to do is have a go at doing the activities and see how you get on – don't worry if you get stuck or need help. If you do get stuck, look at the other activities I am suggesting on the timetable below, or go back and choose something you have not done from the previous weeks. As long as you are practising some of your maths and literacy skills, and trying your best, that is fine.

You should be reading for at least 15 minutes every day. This should include reading aloud to an adult if you can. Log on and do an Accelerated Reader quiz when you finish your book. Remember that you can access this from the Rook's Nest Student Start Page on the school website. You can re-read your books of course! Re-reading a book is like visiting an old friend! However, once you have taken a quiz on that book, you can't re-take the quiz from home.

Remember that daily lessons can also include sessions on Lexia, TT Rockstars, Prodigy and Education City as well as PE lessons such as that run by Joe Wicks, (now showing live only on Monday, Wednesday and Saturday) or have a look at Cosmic Yoga, if you want to try some PE that is a little less strenuous.

You will need to take breaks and make sure that you take daily exercise.

Stay safe and keep busy!

Mrs Milfull

	Literacy / English	Mathematics	Other activities
Monday	https://classroom.thenational.academy/lessons/reading-comprehension-fact-retrieval-573214/activities/1/	https://classroom.thenational.academy/lessons/ordering-mass	<p>Super Movers: To link with the work in maths, watch and join in with Professor Pipette, who will tell you all about volume and capacity. https://www.bbc.co.uk/teach/super movers/ks1-maths-capacity-volume/zj8njhv</p> <p>Science: TOPIC – Plants: This is the second lesson in the series of lessons on plants, and is about the different parts of a plant and what they do. If you did not do last week’s science lesson, it would make sense to go back to that lesson before you make a start on this one. https://classroom.thenational.academy/lessons/parts-and-function-of-a-plant</p> <p>French: This week your song is called ‘Les Jours de la Semaine’, which means ‘the days of the week’. It tells you the French words for the days of the week, and that there are 7 days in a week. https://www.youtube.com/watch?v=Lpwf5N0rfVE</p> <p>PE: Design a circuit. Below this page are some ideas you can use (or think of your own), to draw and label ‘activity stations’. Place these around a suitable room or outside, and visit each one, carrying out that activity. If you don’t have enough space, you could shuffle the pictures of the stations, then choose a family member (or pick their name from another pile of papers). Can your family member also perform one of the stations? (E.g. 10 sit-ups → Mum).</p> <p>Art: Draw with Rob Rob Biddulph is a children’s author and illustrator who is doing ‘live lessons’ every Tuesday and Thursday at 10am. The videos that he has created to date can be found at: http://www.robbiddulph.com/draw-with-rob He shows you how to draw some of the characters that he has created in a step-by- step easy to follow guide. Each guide only takes around 10 minutes, in which time you will have created a fantastic drawing of your own!</p> <p>Remember – I would love to see any of the work you are doing! Some of you have sent me some great work – especially of your potato prints and Lego models. I also enjoyed seeing the Guide Dogs work from before the holidays, too. Well done to those of you who are keeping up with Lexia, Times Table Rockstars, Prodigy and Education City. Some of you have made some really good progress – well done. Please send a photo of any completed work to: headteacher@rooksnest.wakefield.sch.uk</p>
Tuesday	https://classroom.thenational.academy/lessons/reading-comprehension-language-783a5e/	https://classroom.thenational.academy/lessons/add-and-subtract-mass	
Wednesday	https://classroom.thenational.academy/lessons/identifying-the-features-of-a-text-a559ca/	https://classroom.thenational.academy/lessons/solve-problems-involving-mass	
Thursday	https://classroom.thenational.academy/lessons/spag-focus-adverbials-570003/	https://classroom.thenational.academy/lessons/read-a-scale	
Friday	https://classroom.thenational.academy/lessons/to-write-a-non-chronological-report	https://classroom.thenational.academy/lessons/read-capacity-and-volume	

Jogging on the Spot

Jog on the spot and try your best to keep in the same place.



Plank

Hold your body in the plank position for as long as you can. Take a rest when you need to.
You can put your knees on the floor to make the move easier.



High Knees

Raise each knee in front of you, one at a time, as high as you can.
To make this more challenging, try to do this quicker.

